



**EPISCOPAL CHARITIES PRESENTS THREE WORKSHOPS
IN NORTH & SOUTH AREAS OF THE DIOCESE**

**CALLING ALL VOLUNTEERS and STAFF: *Do You Have Compassion Fatigue?
Are You Worn Out Dealing with the Magnitude Of Your Clients' Problems?***

Join us for CARING FOR THE CAREGIVER and SETTING BOUNDARIES FOR VOLUNTEERS Workshops

Saturday, March 10th, 9:30 AM- 12:30 PM, St. Mary's, Stuart

Saturday, June 2nd, 9:30 AM- 12:30 PM, St. Columba, Marathon

Dr. Marsha Wiggins, Therapist, Consultant and Methodist Clergy person who specializes in burnout prevention and self-care will be the presenter (visit www.ecsefl.org for her resume)

ALSO, Saturday, March 24th, 9:30 AM- 12:30 PM, St. Columba, Marathon

For Keys Caregivers: A Gathering and Conversation with Joyce Curtis, Executive Director of the Jubilee Center and Episcopal Charities Staff – How to Maintain a Healthy Work Environment and Reduce Stress for Staff and Volunteers

Rsvp to Carol at 561-799-6426 or carolann@ecsefl.org

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