



KALEIDOSCOPE COUNSELING AND CONSULTING SERVICES, LLC
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WORK HISTORY

July, 2011-present: Therapist & Consultant, Kaleidoscope Counseling & Consulting Services, LLC, West Palm Beach, FL

- Provide individual, couple, & group counseling
- Lead workshops and training events
- Consult with organizations to improve leadership, operations, and interpersonal dynamics

October, 2011-present: Adjunct professor of Mental Health Counseling, South University, West Palm Beach, FL

- Teach Master's students in professional ethics, multicultural and diversity counseling, and counseling skills

1993- July, 2011: Professor & Chair of Counseling & Family Therapy Department, University of Colorado Denver, Denver, CO

- Taught Master's level courses, and a doctoral seminar on integrated services for children and families in non-profit agencies and schools
- Provided clinical supervision for Master's level counselors
- Published 38 academic articles, 11 book chapters, & one solo-authored book on integrating religion and spirituality into counseling
- Delivered over 100 formal presentations at international, national & regional conferences
- Consulted with agencies, businesses, non-profit organizations, churches
- Supervised 10 faculty, including University Counseling Center director
- Managed department budget
- Wrote small grants for program development

1991-1992: Clinical Coordinator, Child Protection Team, Department of Pediatrics, University of Florida, Gainesville, FL

- Provided family assessment, evaluation & treatment in child abuse cases.
- Provided community training in child abuse prevention
- Provided expert testimony in court hearings.



1990-1991: Child, Youth, and Family Therapist, Mental Health Services, Inc. Gainesville, FL

- Provided counseling services to children, youth, parents, & adults in Children's Outpatient and Sexual Abuse Treatment program
- Taught parenting courses for at-risk families

1989-1990: Graduate Assistantship University of Florida

1978-1989: United Methodist clergyperson in several congregations in Florida

- Designed and led worship, including weekly public speaking (preaching)
- Taught adult education classes and facilitated small groups
- Served as a consultant to Florida United Methodist Churches providing sexual ethics training to clergy across Florida
- Led women's retreats with over 100 participants

AWARDS & RECOGNITION

- Received the University of Colorado Denver's Teacher of the Year Award twice! (1998 & 2004)
- Received national writing award from Assoc. of Religious, Ethical & Spiritual Issues in Counseling (ASERVIC)

COMMUNITY SERVICE

- Helped design and deliver sex education programming to youth and their parents at St. Andrew United Methodist Church in Highlands Ranch, CO
- Worked as a liaison to community mental health non-profit agencies placing and evaluating counseling interns

SPECIALIZED TRAINING

- Spanish Language Immersion Program in Costa Rica, March-April, 2008
- VISIONS, Inc. Multicultural and Diversity Training, 2005

EDUCATION

- Ph.D. in Counseling & Family Therapy, University of Florida, Gainesville, FL, 1993
- Master of Divinity, Emory University, Atlanta, GA, 1978
- Bachelor of Arts, Christian Education & Spanish (secondary teaching certificate), Florida Southern College, Lakeland, FL, 1975



SAMPLE PUBLICATIONS

Heermann, M., Wiggins, M. I., & Rutter, P. A. Creating a space for spiritual practice: Pastoral possibilities with sexual minorities. *Pastoral Psychology*, 55, 711-721 .

Shehan, C. L., Wiggins, M., & Cody-Rydzweski, S. (2007). Responding to and retreating from the call: Career salience, work satisfaction, and depression among clergywomen. *Pastoral Psychology*, 55, 637-643.

Wiggins-Frame, M. & Shehan, C. L. (2005). Work and well-being in clergywomen: Implications for Career Counseling. *Journal of Employment Counseling*, 42, 10-19.

Wiggins-Frame, M. & Williams, C. B. (2005). A model of ethical decision-making from a multicultural perspective. *Counseling and Values*, 49, 165-179.

Wiggins-Frame, M. (2004). The challenges of intercultural marriage: Strategies for Pastoral Care. *Pastoral Psychology*, 52, 219-232.

Wiggins-Frame, M., & Shehan, C. L. (2004). Care for the caregivers: Clues to Pastoral Care of Clergywomen. *Pastoral Psychology* 52, 369-380.

Wiggins-Frame, M.. (2004). Forging spiritual and cultural competency in spiritual care-givers: A response to Fukuyama and Sevig and Anderson. *Journal of Health Care Chaplaincy*, 13, 51-58.

Shehan, C.L., Shultz, J., & Wiggins-Frame, M. (1999). Feeding the Flock and the Family: Work and Family Challenges Facing Ordained Clergywomen. *Sociological Focus*, 32, 247-263.

Wiggins-Frame, M. (1998). Relocation and Well-Being in United Methodist Clergy and Their Spouses. *Pastoral Psychology*, 46, 415-430.

Wiggins-Frame, M. (1996). A Social-Constructionist Approach to Counseling Religious Couples and Families. *The Family Journal*, 4, 299-307.

Wiggins-Frame, M., & Shehan, C.L. (1994). Work and Well-Being in the Two-Person Career: Relocation Stress and Coping among Clergy Husbands and Wives. *Family Relations*, 43, 196-205.